

# DELTA COLLEGE

## COUNSELING/ADVISING & CAREER SERVICES

### REALISTIC PERSONALITY (R-THEME)

Are rugged, robust, practical, physically strong, and frequently aggressive in outlook; such people usually have good physical skills, but sometimes have trouble expressing themselves in words, or in communicating their feelings to others. They like to work outdoors, and with things rather than ideas or with people.

#### REALISTIC PERSONALITY

- \* Hands-on people who enjoy exploring things, fixing and making things with their hands
- \* Express themselves and achieve primarily through their bodies rather than through words, thoughts, or feelings
- \* Usually independent, practical-minded, strong, well-coordinated, aggressive, conservative, rugged individual
- \* Like the challenge of physical risk, being outdoors, using tools and machinery
- \* Prefer concrete problems rather than abstract ones
- \* Solve problems by doing something physical

Realistic individuals are capable and confident when using their bodies to relate to the physical world. They focus on things, learn (by hands on) and have little need for conversation. Because of their ease with physical objects, they are often good in emergencies. Their ability to deal with the physical world often makes them very independent. They sometimes get so absorbed in putting things right that they can forget about everything else.

#### REWARDS

One unique reward of most realistic jobs is that life appears relatively simple and straight forward, and the worker can quickly see the results of his or her labor. The mechanic who is working on a car can see at the end of the job that the car now functions. The carpenter building a house has the quiet satisfaction of seeing the house take shape. The forester harvesting logs can watch the pile of logs grow and can quickly see the speed with which materials are being produced. In general, realistic jobs normally look at life as not being complicated by intricate problems between people, organizations, nor by troublesome choices between conflicting philosophies.

Most people can be categorized as one of the six personality types labeled Realistic (**R**), Social (**S**), Artistic (**A**), Conventional (**C**), Investigative (**I**), and Enterprising (**E**). Look at your three highest scores. You now have a three-letter code that can be switched around to get additional occupations. The John Holland theory suggests that you should explore several variations of your three-letter code. You are able to come up with six variations of this three-letter code. Most of you will find many occupations which precisely match your profile. For example, **RAC** can become **CAR**, **CRA**, **ARC**, **RCA** or **ACR**.

## SAMPLE LIST OF REALISTIC CAREERS

Accountant & Auditor	Embalmer	Millwright
Agriculture	Engineer:	Nursery Manager
Air Conditioning & Refrigeration	Auto	Occupational Therapist
Aircraft Pilot	Civil	Optician
Appliance Repairer	Computer	Physical Education Teacher
Architect Technician	Electrical	Pipefitter
Auto:	Flight	Plumber
Body Technician	Mechanical	Police Officer
Equipment Technician	Petroleum	Power Plant Operator
Mechanic	Mining	Printer (Graphic Arts)
Parts Clerk	Video Recording	Prison Guard
Repair Service Estimator	Farm Equipment Mechanic	Radio Station Operator
Audiovisual Technician	Fire Fighter	Radiologic Technician
Biomedical Equipment Tech.	Fisheries & Wildlife	Roofer
Bricklayer	Food & Drug Inspector	Shipping & Receiving Clerk
Broadcast Technician	Forestry Technician	Structural Steel Worker
Building Inspector	Highway Patrol Officer	Surgical Technician
Carpenter	Horticulturist	Surveyor
Child Care Worker	Industrial Arts Teacher	Telephone Repairer
Clinical Laboratory Worker	Industrial Arts Technician	Tile Setter
Computer Operator	Landscape Architect	Tool and Die Maker
Computer Programmer	Lathe Operator	Veterinarian Assistant
Computer Services Technician	Law Enforcement	Waiter/Waitress
Construction Trades	Licensed Practical Nurse	Wastewater Treat. Operator
Corrections Officer	Locksmith	Web Developer
Diagnostic Medical Sonographer	Machine Repairer	Welder
Dental Technician	Machine Tool Operator	Welding Machine Operator
Drafter	Machinist	Well-Drill Operator
Ecologist	Manufacturing Technologist	Woodworking Machine Operator
EEG Technologist	Mechanics/Repair Worker	X-Ray Technician
Electrician	Mech. Design Technician	

### Counseling/Advising & Career Services

#### Career Center, Room D 132

Bay City/Saginaw: (989) 686-9072

Midland/Auburn: (989) 495-4000, Ext. 9072

Frankenmuth, Birch Run, Reese & Vassar: (989) 758-3400, Ext. 9072

<http://www.delta.edu/careercenter>

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